

What to Expect...

Friday, April 13th

6:00-7:00 Check in

7:00-9:00 Beginning the Journey –

- The Light in the Valley

Saturday, April 14th

8:30-9:00 Alpine Start - *breakfast*

9:00-12:00 Small Steps – The Climb

- Planning the Climb
- The Tools Needed

12:00 -1:00 lunch / *box lunches provided*

1:00—4:00 Small Steps – The Peaks

- The Gifts of the Mountain
- The Emotional Challenges of the Climb
- The Climber

- 4:00-6:00 The Summit

- The View from the Top
- The Other Side

- 6:00 -8:00 Cascade / *reception - cash bar*